HELP MY UNBELIEF

. Jesus in the Jospel of John.



W e e k O n e

Theme: The Religious (Nicodemus)
Sunday, October 30 | John 2:23-3:15

MONDAY

Text: Philippians 3:7-11
Journaling Questions

- How does self-righteousness pop up in your life?
- How has your relationship with Jesus changed your perspective on how "good" people actually are?
- How does this passage prompt you to pray?

TUESDAY

Text: Hebrews 10:10-14
Journaling Questions

- How does the sacrifice of Christ shape the way you think about your sin?
- How does this passage shape the way you think about yourself?
- Do you still feel burdened with guilt for former sins? Memorize Hebrews 10:14.

WEDNESDAY

Text: Psalm 51:1-12

- How do you usually deal with sin in your life?
- Take some time to pray and honestly reflect on your attitude and actions. Is there sin that needs to be confessed and repented of?
 What is it?
- What should repentance of that sin look like?

W e e k O n e

Theme: The Religious (Nicodemus)
Sunday, October 30 | John 2:23-3:15

T H U R S D A Y

Text: Romans 3:22-26

Journaling Questions

- What does this passage say about God?
- What does this passage say about you?
- What do you need to do in light of this passage?

FRIDAY

Text: Romans 5:12

Journaling Questions

- How have you witnessed the devastating effects of sin?
- What is our only hope in life and death?
- How does this passage prompt you to pray?

SATURDAY

Text: 1 John 1:8-10

- Why is denying sin so dangerous?
- What sins do you tend to dismiss?
- What can help you have a more accurate view of yourself?

W e e k T w o

Theme: The Rebellious (Woman at the Well)
Sunday, November 6 | John 4:1-42

MONDAY

Text: Psalm 139:1-12
Journaling Questions

- What does this passage say about God that stands out to you?
- How does this passage make you feel?
- How should this passage change the way you live?

TUESDAY

Text: Romans 5:6-8

Journaling Questions

- How does this passage shape the way you view God?
- How does this passage shape the way you see those around you?
- What effect does God's grace have on the way you live your life?

WEDNESDAY

Text: John 3:16-18

- How is there hope for those who are far from God?
- Are you resisting or receiving God's love?
- What does it mean to "believe" in Jesus?

W e e k T w o

Theme: The Rebellious (Woman at the Well)
Sunday, November 6 | John 4:1-42

THURSDAY

Text: Luke 15:1-7

Journaling Questions

- What do we learn about Jesus by reading that, "sinners and tax collectors" drew near to hear Him?
- How does Jesus treat those who are far from Him?
- What changes do you need to make in your life to better reflect Jesus in this area?

FRIDAY

Text: Galatians 3:27-28
Journaling Questions

- How have you seen Jesus break down barriers to get to you?
- How does this passage change the way you relate to people?
- What do you need to do in light of this passage?

SATURDAY

Text: Romans 8:1

- What does this passage say about God?
- What does this passage say about you?
- Where in your life are you resisting this?

W e e k Three

Theme: The Offended (Jesus' Disciples)
Sunday, November 13 | John 6:14-67

MONDAY

Text: Luke 14:25-33

Journaling Questions

- What areas of life do you find hard to hand over to Jesus?
- What do you find competing for first place in your life and heart?
- Why is Jesus worth following?

TUESDAY

Text: John 14:6

Journaling Questions

- Why is this verse hard for some people to come to terms with?
- Why is this exclusive claim of Jesus important?
- What is the danger in avoiding verses like this?

WEDNESDAY

Text: Deuteronomy 6:4-9

- What should it look like for you to love God with all your heart?
- What should it look like for you to love God with all your soul?
- What should it look like for you to love God with all your strength?

W e e k Three

Theme: The Offended (Jesus' Disciples)
Sunday, November 13 | John 6:14-67

THURSDAY

Text: Isaiah 46:9-10

Journaling Questions

- What does this passage say about God?
- What does it look like to live as if this were true?
- How do you know if you are fulfilling God's purpose for you?

FRIDAY

Text: Mark 10:21-22
Journaling Questions

- Jesus didn't ask all His disciples to sell all their possessions. Why do you think Jesus asked that of this guy?
- What is the one thing that would be the hardest for you to give up if Jesus asked for it?
- What does it look like for Jesus to be Lord of your life?

SATURDAY

Text: Matthew 7:13-29

Journaling Questions

- Why does Jesus describe the gate to life "narrow" and "difficult"?
- What part of following Jesus seems hard for you? Share that with somebody in your Community Group.
- Who has God placed in your life that can help you on your journey of following Jesus?

W e e k F o u r

Theme: The Hurt (Mary & Martha) Sunday, November 20 | John 11

MONDAY

Text: Psalm 34:18

Journaling Questions

- How has God shown His nearness during a previous trial?
- Sometimes we don't recognize what God was doing until after the trial is over. What can make us more conscious of His presence while we are still experiencing the trial?
- How do you respond when what you know does not match how you feel?

TUESDAY

Text: Psalm 27:1-14

Journaling Questions

- Where do you usually turn when trouble comes?
- What attributes and characteristics of God give you confidence as you experience difficulty?
- What trial are you going through right now that you need God to help you through?

WEDNESDAY

Text: John 16:33

- What is threatening your peace?
- When your soul is heavy and you are uneasy, where do you naturally turn for peace?
- How can you experience peace in the midst of suffering?

W e e k F o u r

Theme: The Hurt (Mary & Martha) Sunday, November 20 | John 11

THURSDAY

Text: Romans 8:18-27 Journaling Questions

- What are some ways you can fight to maintain an eternal perspective?
- What helps you be patient as you wait on God?
- How does future hope help us in the present?

FRIDAY

Text: Romans 8:28-30 Journaling Questions

- How does this passage give you hope?
- How have you seen God use hardship to make you more like Jesus?
- How does this passage prompt you to pray?

SATURDAY

Text: Romans 8:31-39
Journaling Questions

- Have you seen Satan use hardship to tempt you to question God's love?
- What helps you overcome that thought and be grounded in God's love?
- How does this passage shape the way you see God?

W e e k F i v e

Theme: The Skeptic (Thomas)
Sunday, November 27 | John 20:24-31

MONDAY

Text: Jeremiah 29:13
Journaling Questions

- What does this passage tell you about God?
- What is keeping you from knowing God, or knowing God better?
- How does this passage prompt you to pray?

TUESDAY

Text: Proverbs 14:12

Journaling Questions

- What is an example of how your limited understanding of something led you to draw a wrong conclusion?
- What is a lesson you have learned from your mistakes?
- If God is able to see the whole picture, and your perspective is limited, what is still keeping you from trusting Him?

WEDNESDAY

Text: 1 Peter 1:15-21

- What makes for reliable testimony?
- How does this passage shape your view of the authority and reliability of the Bible?
- What implications does this passage have for the way we live our lives?

W e e k F i v e

Theme: The Skeptic (Thomas)
Sunday, November 27 | John 20:24-31

THURSDAY

Text: Isaiah 40:25-31 Journaling Questions

- What does this passage say about God?
- What does this passage say about people?
- How does this passage change your perspective?

FRIDAY

Text: John 1:1-14

Journaling Questions

- What does this passage say about God?
- What would it take for you to trust God more?
- What is holding you back from placing your faith in Jesus?

SAT<u>URDAY</u>

Text: 1 John 1:1-3

- What is the cause of your doubts or skepticism?
- What would it take to relieve that skepticism?
- What does this passage say about the reliability of John's testimony concerning Jesus?

W e e k S i x

Theme: The Failure (Peter)
Sunday, December 4 | John 21:1-19

MONDAY

Text: Luke 22:31-34
Journaling Questions

- What does this passage show us about God?
- Nobody wants to fail, but at the same time, none of us is perfect.
 How can you respond to failure in a healthy way?
- Failure can cripple us or it can be a catalyst for change and growth.
 How can we make sure it is a catalyst for change and growth rather than crippling us?

TUESDAY

Text: Psalm 86:5

Journaling Questions

- Where do you turn when you are weighed down with guilt and shame?
- How does the Psalmist describe God's heart?
- Is there sin or shame in your life right now that you need to talk to God about? Write out your prayer to Him.

WEDNESDAY

Text: Psalm 32:1-5

- What does this passage say about those who admit and confess their sin?
- Do you have sin that needs to be confessed?
- What causes you to try to hide or hold onto sin?

W e e k S i x

Theme: The Failure (Peter)
Sunday, December 4 | John 21:1-19

THURSDAY

Text: 1 John 1:9

Journaling Questions

- What happens when we confess sin?
- How is God's grace shaping you?
- Where in your life do you resist this?

F R I D A Y

Text: Psalm 103:1-22

Journaling Questions

- What does this passage say about God?
- Which of these descriptions of God is most attractive to you? Why?
- What do you need to do in light of this passage?

SATURDAY

Text: 1 John 5:11-13

- How can you know that you have eternal life?
- What keeps you from being secure in your salvation?
- What does this passage say about you?